



LEWIS S MILLS HIGH SCHOOL
ATHLETIC DEPARTMENT
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WEEKLY UPDATE – September 6 - Sept. 10

General News

- **September 8 – Parent/Athlete Meeting 7:00 in Auditorium (for all seasons)**
- Monday Sept. 5 is Labor Day – No building access
- Thursday Sept. 8 - Night Game volunteer meeting – immediately following P/A meeting
- Sept. 13th - 1st contest date of the fall season
- Sept. 14 – Booster Club meeting in Caf at 6:00
- Sept. 21 - Leadership Council Meeting - 7:00 in Cafeteria - All named Captains are required to attend

THIS WEEK:

Crew: (regular practice on water starting 9/12 at Winding Trails)

9/6 Swim test @ Giamatti 3:00 **Bus 2:15**
9/7 No practice – boat pickup (optional)
9/8-9/9 Land practice 2:15-5 in Caf.

Boys & Girls Cross Country: (meet at Tennis Courts)

9/5-9/7 2:30-4:00 meet at the tree by the tennis courts
9/8 @ BL Scrimmage 4:15 **Bus 2:15**
9/9 2:30-4:00 meet at the tree by the tennis courts

Field Hockey:

9/6 2:30-4:30
9/7 vs Old Saybrook 4:00
9/8 vs Farmington 3:30
9/9 2:30-4:30

Football: (all practices at LSM unless noted)

9/6 Study Hall 2-3; Meet 3-5:30; 5:30-6:30 Gym
9/7 @ Gilbert 4:00 **Bus 2:45**
9/8-9/9 Study Hall 2:15-3; Meet 3-4; practice 4-6:30
9/10 @ Canton 11:00 No Bus

Boys Soccer:

9/6 2:30-5:00
9/7 vs Avon 3:45
9/8 2:30-5
9/9 vs Farmington 3:45 V/JV

Girls Soccer:

9/6 @ Brookfield 5:30 **Bus 3:00**
9/7-9/9 2:45-4:45
9/10 @ Waterford Jamboree No Bus

Girls Volleyball:

9/6 3:15-5:15
9/7 vs Brookfield 4:00
9/8 4-6
9/9 @ Middletown 3:30 **Bus 2:15** Varsity only JV
practice 3:15-5:15

Unified Sports:

9/8 2:15-4:00 Main Gym