



**LEWIS S MILLS HIGH SCHOOL  
ATHLETIC DEPARTMENT**  
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## WEEKLY UPDATE – September 26 - Oct. 1

### General News

- The next AIP report comes out on Wednesday September 28
- The Senior Class Trip has been rescheduled to Friday 9/30. Student-athletes will have a bus back to Lewis Mills with an estimated eta at Mills of 2:10

### THIS WEEK:

#### Crew:

9/26-9/29 @ Winding Trails **Bus 2:30 Return to Lewis Mills at 5:30**

#### Boys & Girls Cross Country: (meet at Tennis Courts; Boys run first in meets)

9/26 vs Wamogo 3:45

9/27-9/29 2:30-4:00 meet at the tree by the tennis courts

9/30 @ Housatonic 3:45 **Bus 2:15**

#### Field Hockey:

9/26 2:30-4:30

9/27 vs Housatonic 3:45

9/28 vs NWR 3:45 (pending availability of officials)

9/29 2:30-4:30

9/30 vs Nonnewaug 5:00

#### Football: (all practices at LSM unless noted)

9/26 Study Hall 2-3; Meet 3-4; practice 4-6:30; JV @ Cromwell 3:45 **Bus 2:15**

9/27 Study Hall 2-3; Meet 3-4; practice 4-6:30

9/28 Study Hall 2-3; Meet 3-4; practice 4-6:30

9/29 Study Hall 2-3; Meet 3-4; practice 4-6:30

9/30 Study Hall 2-3; Meet 3-4; practice 4-6:30

10/1 Football BYE week

#### Boys Soccer:

9/26 vs Housatonic; V at Nassahegan 3:45 **Bus 2:20**  
JV at LSM

9/27 vs Shepaug 4:30/6:00 at Nassahegan

9/28 2:30-5

9/29 2:30-5

9/30 @ NWR Varsity 7:30 JV 4:30 **Bus 3:00**

#### Girls Soccer:

9/26 2:45-4:45

9/27 2:45-4:45

9/28 vs Housatonic 3:45 JV/V at LSM

9/29 @ Shepaug 3:45 **Bus 2:15**

9/30 2:45-4:45

9/30 vs Wamogo @ Nassahegan 4:30/6:00

#### Girls Volleyball:

9/26 vs Ellington 4/5:15

9/27 3:15-5:45

9/28 3:15-5:45

9/29 4-6

9/30 @ Terryville 3:30/5:00 **Bus 2:20**

#### Unified Sports:

9/29 2:15-4:00 Main Gym