



LEWIS S MILLS HIGH SCHOOL
ATHLETIC DEPARTMENT
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WEEKLY UPDATE – September 19 - Sept. 24

General News

- Sept 19 – LSM Open House 6:30
- Sept. 21 - Leadership Council Meeting - 7:00 in Cafeteria - All named Captains are required to attend
- Sept 23 – Senior Picnic
- Sept 23-24 Homecoming Weekend

THIS WEEK:

Crew:

9/19-9/23 @ Winding Trails **Bus 2:30 Return to Lewis Mills at 5:30**

Boys & Girls Cross Country: (meet at Tennis Courts)

9/19 2:30-4:00 meet at the tree by the tennis courts
9/20 vs Gilbert & Litchfield 3:45
9/21-9/23 2:30-4:00 meet at the tree by the tennis courts

Field Hockey:

9/19 2:30-4:30
9/20 vs Litchfield 3:45
9/21 2:30-4:30
9/22 2:30-4:30
9/23 vs NWR 3:45

Football: (all practices at LSM unless noted)

9/19 Study Hall 2-3; Meet 3-4; practice 4-6:30; subvarsity @ Housatonic 4:00 **Bus 2:30**
9/20 Study Hall 2-3; Meet 3-4; practice 4-6:30
9/21 Study Hall 2-3; Meet 3-4; practice 4-6:30
9/22 Study Hall 2-3; Meet 3-4; practice 4-6:30
9/23 Study Hall 2-3; Meet 3-4; practice 4-6:30
9/24 vs Cromwell 2:00 **Bus 12:00**

Boys Soccer:

9/19 2:30-5:00
9/20 2:30-5
9/21 2:30-5
9/22 @ Gilbert 3:45 **Bus 2:30**
9/23 vs Housatonic @ Nass 7:15 JV @ LSM 3:45

Girls Soccer:

9/19 2:45-4:45
9/20 Day Off
9/21 2:45-4:45
9/22 vs Terryville 3:45 No JV
9/23 vs Housatonic @ Nassahegan 3:45/5:30 **Bus 2:30**

Girls Volleyball:

9/19 3:15-5:45
9/20 vs NWR 4/5:15
9/21 3:15-5:45
9/22 4-6
9/23 vs OWT 4/5:15

Unified Sports:

9/22 2:15-4:00 Main Gym