



**LEWIS S MILLS HIGH SCHOOL  
ATHLETIC DEPARTMENT**  
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## WEEKLY UPDATE – October 3 - Oct. 8

### General News

- The next AIP report comes out on Friday October 14
- Wednesday 10/5 is a band date for the BL – no games will be played that day
- Saturday 10/8 is an SAT date

### THIS WEEK:

#### Crew:

10/3-10/7 @ Winding Trails **Bus 2:30 Bus leaves**  
**Winding Trails at 5:30**  
10/9 Crew meet – **Bus TBA**

#### Boys & Girls Cross Country: (meet at Tennis Courts; Boys run first in meets)

10/3 3-4:30  
10/4 @ Terryville vs Nonnewaug 3:45 **Bus 2:15**  
10/5-10/7 3:00-4:30 meet at the tree by the tennis courts  
10/8 @ Wickham **Bus TBA**

#### Field Hockey:

10/3 @ Pomperaug 5:30/7 **Bus 3:45**  
10/4 @ Shepaug 3:45 **Bus 2:10**  
10/5 2:30-4:30  
10/6 2:30-4:30  
10/7 vs Thomaston 3:45

#### Football: (all practices at LSM unless noted)

10/3 Study Hall 2-3; Meet 3-4; practice 4-6:30  
10/4 Study Hall 2-3; Meet 3-4; practice 4-6:30  
10/5 Study Hall 2-3; Meet 3-4; practice 4-6:30  
10/6 Study Hall 2-3; Meet 3-4; practice 4-6:30  
JV @ Wilcox Tech (Meriden) 4:00 **Bus 2:30**  
10/7 Study Hall 2-3; Meet 3-4; practice 4-6:30  
10/8 vs Coginchaug 3:00 Muzzy **Bus 1:00**

#### Boys Soccer:

10/3 @ NWR 3:45 Varsity Only **Bus 2:15**  
10/4 vs Litchfield 3:45  
10/5 2:30-5  
10/6 vs Wamogo @ Nass 5:30/7:00  
10/7 2:30-5

#### Girls Soccer:

10/3 2:45-4:45  
10/4 vs Nonnewaug 4:30/6 @ Nass  
10/5 2:45-4:45  
10/6 2:45-4:45  
10/7 @ Litchfield 3:45 **Bus 2:15**

#### Girls Volleyball:

10/3 3:15-5:45  
10/4 vs Gilbert 4/5:15  
10/5 3:15-5:45  
10/6 4-6:15  
10/7 vs Housatonic 4/5:15

#### Unified Sports:

10/6 2:15-4:00 Main Gym