



**LEWIS S MILLS HIGH SCHOOL  
ATHLETIC DEPARTMENT**  
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## WEEKLY UPDATE – October 17 - Oct. 23

### General News

- LSM 50<sup>th</sup> Anniversary Celebration – Sunday October 23 12-4 at Lewis Mills
- The next AIP report comes out on Tuesday November 8 (1<sup>st</sup> Quarter Report Card Issued) Eligibility will be determined that day for the 2<sup>nd</sup> Quarter
- Captains Council Meeting on Wed (10/19) from 7-8:15 in the caf – all Captains are invited to attend.
- College Fair on 10/20; Volleyball will set up tables at the end of their practice for it
- Boys Basketball Youth Clinic on Tuesday and Thursday 6-9 p.m.

### THIS WEEK:

#### Crew:

10/17-10/21 @ Winding Trails **Bus 2:30 Depart for Lewis Mills at 5:30**

#### Boys & Girls Cross Country: (meet at Tennis Courts; Boys run first in meets)

10/17-10/20 3-4:30  
10/21 BL Champs @ Black Rock BJV 2:45, Girls 3:30, Boys 4:15 **Bus 1:45** Early Dismissal 1:30

#### Field Hockey:

10/17 2:30-4:30  
10/18 @ Litchfield 3:45 **Bus 2:15**  
10/19 2:30-4:30  
10/20 JV vs Farmington 3:45  
10/21 @ NWR 3:45 **Bus 2:15**

#### Football: (all practices at LSM unless noted)

10/17 V vs H-K @ Middletown H.S. **Bus 4:00**  
10/18 JV @ H-K TBA  
10/19 Study Hall 2-3; Meet 3-4; practice 4-6:30  
10/20 Study Hall 2-3; Meet 3-4; practice 4-6:30  
10/21 Study Hall 2-3; Meet 3-4; practice 4-6:30  
10/22 @ Hyde 1:00 **Bus 10:00**

#### Boys Soccer:

10/17 2:30-5  
10/18 @ Nonnewaug 3:45 **Bus 2:15**  
10/19 2:30-5  
10/20 @ Housatonic 3:45 **Bus 2:15**  
10/21 2:30-5

#### Girls Soccer:

10/17 2:45-4:45  
10/18 @ Wamogo 3:45 **Bus 2:15**  
10/19 2:45-4:45  
10/20 @ Nonnewaug 3:45 **Bus 2:15**  
10/21 2:45-4:45  
10/22 vs Wamogo 4:30/6 @ Nassahegan

#### Girls Volleyball:

10/17 3:15-5:45  
10/18 @ NWR 4/5:15 **Bus 2:30**  
10/19 3:15-5:45  
10/20 4-6  
10/21 vs OWT 4/5:15

#### Unified Sports:

10/20 2:15-4:00