

RSD10 Optional Summer 2020 Professional Learning Choice Board

Teacher Wellness/SEL

A 30 Day Yoga Journey (Webinar)

Calm Together (Webinar)

5 Minute Takeaway (Podcast)

Teachers Dealing with Burnout (Podcast)

5 Calming Reminders About What Matters Most During Pandemic Panic & School Closures (Podcast)

Ten Strategies for Educators' Wellbeing (Article)

Find Your Marigold (Article)

Enhancing the Distance Learning Experience for Teachers & Students

Distance Learning (Webinar)

Blended Learning Modules (Webinar)

Navigating and Planning for Remote Learning (Webinar)

Teacher Training Modules (Webinar)

5 Shifts to an Engaged, Remote Classroom (Webinar)

Distance Learning: A Gently Curated Collection of Resources for Teachers (Podcast)

Tech Tools for Teachers (Podcast)

Teaching Strategies, Classroom Management, Education Reform, Educational Technology (Podcast)

Making Learning MAGICAL (Podcast)

9 Best Practices for Distance Ed (Article)

Distance Learning Tips From One Teacher to Another (Article)

A Trauma-Informed Approach to Teaching Through Coronavirus (Article)

Race, Equity & Social Justice

Developing Empathy (Webinar)

Implicit Biases (Webinar)

Intersectionality (Webinar)

The 12 Elements of a Globally Competent Teacher: Why They Matter (Podcast)

Unconscious Bias in Schools (Podcast)

Introduction to the Equity Literacy Framework (Article)

20 Things I Will Do to Be an Equitable Educator (Article)

How COVID-19 Has Laid Bare Vast Inequities in US Public Education (Article)

Suggested Netflix List of Movies and Documentaries

Chimamanda Adichie Danger of a Single Story (TED Talk)

Hands-On/Live Sessions with Vanessa

All Things Microsoft

All Other Things Microsoft

Bitmoji Classrooms

Padlet



Hands-On Live Sessions with Vanessa

**Additional information will be shared out prior to sessions including online Zoom links.*

If interested please use the following form to register:

<https://bit.ly/Summer-2020PD>

PLEASE NOTE:

- *even if you cannot attend, sign up & I will share information with you after*
- *the information will be shared to the RSD10 SharePoint site*



All Things Microsoft

Outlook, OneDrive, Word, PowerPoint, Forms/Excel

• Tuesday, July 14 @ 9:30



All Other Things Microsoft

Teams, Class Notebook, Stream, Sway & Whiteboard

• Tuesday, July 28 @ 9:30



Bitmoji Classrooms

Level 1: To Create, Save, Share

• Thursday, July 16 @ 9:30

Level 2: Exploring Options Further

• Thursday, July 30 @ 9:30



Padlet

Creating a digital canvas for projects that are easy to share and collaborate on

• Tuesday, August 11 @ 9:30



Race, Equity & Social Justice Webinars

The first webinar in the Equity Matters series will discuss the importance of empathy in our interactions with students and in students' interactions with others. Educators will learn about the impact of teaching and modeling empathy in their classrooms. Participants will respond to real-life scenarios and gain strategies for building empathy into their own classroom practices and for teaching students to empathize with others. Our guest is Ronald Smith, the director of New Way. (Includes resources and links to materials). Register w/in the link to access pre-recorded webinar.

- <https://www.tolerance.org/professional-development/webinars/developing-empathy>

The third Equity Matters webinar delves into implicit biases—the subconscious biases we all have that influence how we respond to others. To create equitable classrooms, educators must acknowledge their own biases and take steps to confront them. Participants will better understand what implicit bias is and how it affects school climate. They will also learn ways to confront implicit bias within themselves and help students to do likewise. (Includes resources and links to materials). Register w/in the link to access pre-recorded webinar.

- <https://www.tolerance.org/professional-development/webinars/confronting-implicit-bias>

Intersectionality has become a buzzword in education, but what does it mean and why is it important in schools? Our students have multiple identities; for many, the converging identities make them more vulnerable to discrimination and oppression. Understanding how identities like race, gender, class, sexual orientation and ability intersect can help educators better educate and support all students. This webinar will help participants understand intersectionality and offer strategies for putting knowledge into practice. Our special guest will be Jennifer Coco, a senior staff attorney with the Southern Poverty Law Center, whose work centers on educational advocacy, particularly around halting the school-to-prison pipeline. (Includes resources and links to materials). Register w/in the link to access pre-recorded webinar.

- <https://www.tolerance.org/professional-development/webinars/intersectionality>



Race, Equity & Social Justice Podcast

- The world has changed, the student body at your school is changing, and those changes are showing up in your classroom as a need for a global skill set. What do you need to be a globally competent teacher? In this episode, we explore the 12 elements. (ASCD Podcasts)

- Link to Podcast:

<https://www.bamradionetwork.com/track/the-12-elements-of-a-globally-competent-teacher-why-they-matter/>



Harvard Graduate School of Education's *Harvard EdCast* Podcast: Unconscious Bias in Schools

- Many educators struggle with unconscious bias in their roles at school, and often in ways that can unknowingly perpetuate racism and negatively affect students.
- In this episode of the Harvard EdCast, Tracey Benson, Ed.L.D.'16, and Sarah Fiarman, Ed.M.'05, Ed.D.'09, offer ways to address these issues directly, and outline how educators can start this work in their schools.



<https://www.gse.harvard.edu/news/19/11/harvard-edcast-unconscious-bias-schools>



Race, Equity & Social Justice Articles

- Equity Literacy Institute: Introduction to the Equity Literacy Framework
 - <http://edchange.org/handouts/Equity-Literacy-Intro-Abilities.pdf>
- Equity Literacy Institute: Beyond Celebrating Diversity: 20 Things I Will Do to Be an Equitable Educator
 - <http://edchange.org/handouts/20things.pdf>
- How COVID-19 Has Laid Bare Vast Inequities in US Public Education
 - <https://www.washingtonpost.com/education/2020/04/14/how-covid-19-has-laid-bare-vast-inequities-us-public-education/>



Documentaries, Movies & TED Talks

Suggested
Netflix list of
movies and
documentaries:

- <https://www.wonderlandmagazine.com/2020/06/08/best-netflix-films-documentaries-race-racism/>

TED Talk:
Chimamanda
Adichie
Danger of a
Single Story

- https://www.ted.com/talks/chimamanda_ngozi_adichie_the_danger_of_a_single_story?utm_campaign=tedsbread&utm_medium=referral&utm_source=tedcomshare



Enhancing the Distance Learning Experience for Teachers & Students Webinars



NYT Webinar
Wednesdays: Distance
Learning

https://www.nytimes.com/2020/03/23/learning/webinar-wednesdays-opportunities-for-teachers-and-parents-on-remote-learning-with-the-times.html?action=click&block=associated_collection_recirc&impression_id=400204174&index=1&pgtype=Article®ion=footer



ASCD - PD Online:
Blended Learning
Modules

https://pdo.ascd.org/lmscourses/PD14OC009S/story_content/media/BlendedLearning-AnIntroductionSyllabus.pdf



Everfi Webinar:
Navigating and Planning
for Remote Learning

<https://everfi.com/insights/webinars/webinar-remote-learning-fall-planning-districts/>



Online Teacher Training Modules Embedded in this National Institute for Excellence in Teaching

- While high-quality teaching can look different through a computer screen, core instructional practices remain critical to student success – whether it's using strategies like questioning and student motivation, or whether it's having opportunities to collaborate and reflect as a professional community.
 - **Self-paced professional learning modules**
 - Generally take 30 minutes or less
 - **These are free and do not require logging into NIET's EE PASS portal**
- <https://www.niet.org/newsroom/show/blog/free-resources-to-support-teachers-remote-professional-development>





Webinars



A 30 Day Yoga Journey

<https://yogawithadriene.com/home-30-days-of-yoga/?fbclid=IwAR21Y5Gty4fpr-YJaVkmnykbDIPkUfEu6Fek1jcaZHgNswghwddRexsKTpl>



Calm Together

https://www.calm.com/blog/take-a-deep-breath?utm_source=lifecycle&utm_medium=email&utm_campaign=difficult_times_nonsubs_031720&fbclid=IwAR2QZHejE0ULeujfaMAUn9S19I4bul_ZF77ulR0VrkyMC0cmnoUNnSLUSN8



Podcasts

- SEL Chat Podcasts <https://www.selchat.com/blog>
 - 5 Minute Takeaway
 - https://www.selchat.com/post/sel-chat-5-minute-takeaway-strategies-to-support-social-emotional-wellness-during-uncertain-times?utm_content=125965686&utm_medium=social&utm_source=facebook&hss_channel=fbp-231242757287013
- Teachers Dealing with Burnout
 - One part burnout and all other parts action, inspiration, and support for teachers dealing with burnout.
 - <https://www.burnedinteacher.com/blog>



Article & Podcast



- 5 Calming Reminders About What Matters Most During Pandemic Panic & School Closures

- <https://thecornerstoneforteachers.com/truth-for-teachers-podcast/5-calming-reminders-about-pandemic-panic-and-school-closures/?fbclid=IwAR2OeWTSH3mCBbabLzZu3QOIFG6nhaaNg4UujdYnJT7RXB0Seyglz-EGWds>



Articles with Additional Resources

- **Ten Strategies for Educators' Wellbeing:
A Handbook for Schools During the COVID-19 Outbreak**
 - https://mailchi.mp/3fbc74d319ba/educators-well-being-during-the-covid-19-outbreak?fbclid=IwAR2W-mRn7u2OIRzeD8PldI9xm7XFIS_4Rtm4vrHOs3EE0Bw1rB1WPTMPV-Y
- **Find Your Marigold: The One Essential Rule for New Teachers**
 - "Marigolds exist in our schools as well – encouraging, supporting and nurturing growing teachers on their way to maturity. If you can find at least one marigold in your school and stay close to them, you will grow."
 - <https://www.cultofpedagogy.com/marigolds/>



Distance Learning: A Gently Curated Collection of Resources for Teachers

- A 4-part article (or listen to the podcast)
 - <https://www.cultofpedagogy.com/distance-learning/>
 - **Part 1** addressing your head and your heart, the very real, valid emotional and psychological factors that may be preventing you from doing a decent job with online learning.
 - **Part 2** the nuts and bolts of distance learning, options for content delivery, different ways students can demonstrate learning, and some of the tech that can make it all work.
 - **Part 3** some general tips and advice gathered from teachers in the field.
 - **Part 4** troubleshooting and solving some of the more specific problems that come up often when we talk about online learning.





Enhancing the Distance Learning Experience Podcasts

Tech Tools for Teachers:

Prepping for Next School Year

- Use the shared ideas as a guide for what can be accomplished. Be sure we are compliant with the programs we choose to use.
 - There are many similar programs available.
- <https://smartinwi.com/059-prepping-for-next-school-year/>

The Cult of Pedagogy Podcast

- Teaching strategies, classroom management, education reform, educational technology
- <https://www.cultofpedagogy.com/pod/>



Enhancing the Distance Learning Experience

- Making Learning Magical
 - Podcast Series
 - Conversations about making learning MAGICAL through: Memorable Beginnings, Authenticity & Agency, Gamified strategies, Innovation, Creativity, Collaboration, & Curiosity, Authentic Audience, and Legacy.
 - <https://anchor.fm/tisharichmond>





Enhancing the Distance Learning Experience

- 5 Shifts to an Engaged, Remote Classroom
 - Webinar for teachers:
 - Who are passionate, yet overwhelmed
 - Who want to have a more engaged, effective remote classroom
 - Who understand the need to truly reach every student – especially now
 - Who doesn't have the time, resources, or sanity to waste on things that just don't work for remote learning
 - <https://joinnow.live/r/xytOGq?id=3jNurr>



Enhancing the Distance Learning Experience Articles

9 Best Practices for Distance Ed

- 9 of the most common problems are addressed and some solutions are offered that you might consider as you deliver or transition to delivering an online education.
- <https://www.davinci-ed.com/resources/9-best-practices-for-distance-ed>

Distance Learning Tips From One Teacher to Another

- Preparing for illnesses is always a difficult and serious affair, but it does give us an opportunity to think about how we can extend learning outside the walls of our classrooms and into the homes of our students.
- <https://www.pbs.org/education/blog/distance-learning-tips-from-one-teacher-to-another>

A Trauma-Informed Approach to Teaching Through Coronavirus

- Experts from the National Child Traumatic Stress Network share their recommendations for educators supporting students during the COVID-19 crisis.
- <https://www.tolerance.org/magazine/a-trauma-informed-approach-to-teaching-through-coronavirus>